

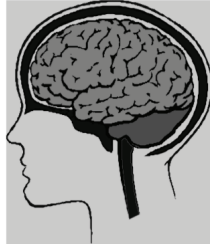
	N.C. Nurse Aide I Curriculum
	MODULE T Dementia and Alzheimer's Disease <small>DHSR/HCPRI/CARE NAT I Curriculum - July 2013</small>

	Objectives
	<ul style="list-style-type: none">■ Define the terms dementia, Alzheimer's disease, and delirium.■ Describe the nurse aide's role in the care of the resident with Alzheimer's. <small>DHSR/HCPRI/CARE NAT I Curriculum - July 2013</small>

	Dementia
	Usually progressive condition marked by development of multiple cognitive deficits such as memory impairment, aphasia; and inability to plan and initiate complex behavior <small>DHSR/HCPRI/CARE NAT I Curriculum - July 2013</small>

Alzheimer's Disease

- Progressive disease
- Gradual ↓ in memory, thinking and physical ability over several years
- Average life span is 8 years, but survival may be from 3 to 20 years
- Progressive into 3 stages



DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

4

Early Stage (Mild)

- Memory loss affects everyday activities
- Difficulty remembering names
- Difficulty following directions
- Disoriented
- Increased moodiness, agitation or personality changes
- Poor judgment and bad decisions
- Difficulty maintaining living spaces, paying bills and managing money



DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

5

Middle Stage (Moderate)

- Longest
- ↑ restlessness during evening
- ↑ memory loss
- Requires assistance with ADLs
- ↑ problems with communication, ambulation and impulse control
- ↑ behavioral issues
- Bladder and bowel incontinence
- Auditory or visual hallucinations
- Finally requires full-time supervision



DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

6

Late Stage (Severe)

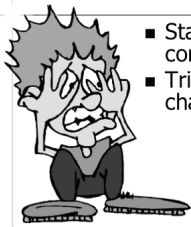
- Terminal stage
- Loses ability to verbalize needs
- Does not recognize self or family
- Becomes bed-bound
- Total dependence
- Body function ↓
- Death



DHSR/HCFR/CARE NAT I Curriculum - July 2013

7

Delirium



- State of severe sudden confusion, reversible
- Triggered by acute illness or change in physical condition

Symptoms of delirium?

Notify nurse and stay with resident

DHSR/HCFR/CARE NAT I Curriculum - July 2013

8



Dementia or Delirium?

DHSR/HCFR/CARE NAT I Curriculum - July 2013

9

Dementia and Alzheimer's Disease – Key Terms

- Cognition
- Confusion
- Irreversible
- Onset
- Progressive

DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

10

Dementia and Alzheimer's Disease – Key Terms

- Dignity
- Independence
- Quality of life
- Respect

DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

11

Respect, Dignity, Quality of Life

Every human being is unique and valuable



- Therefore, each person deserves understanding and respect
- Dementia does not eliminate this basic human need – how does person-centered care relate?

DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

12

Respect, Dignity, Quality of Life

- Abilities, interests and preferences should be considered
- As disease progresses adjustments needed



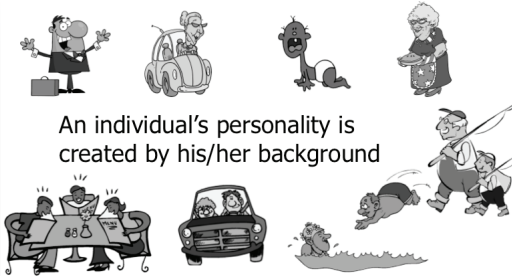
Important for staff to know who resident was before dementia.



DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

13

Respect, Dignity, Quality of Life



An individual's personality is created by his/her background

DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

14

Respect, Dignity, Quality of Life

Encourage residents to participate in activities and daily care, but **avoid** situations where resident is bound to fail



To promote independence do things with rather than for resident

DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

15

Respect, Dignity, Quality of Life



Long-term care facilities must provide care that maintains or enhances each resident's dignity, respect and quality of life



DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

16

Alzheimer's Disease – Communication

Residents often experience problems in making wishes known and in understanding spoken words



Communication becomes more difficult as time goes by

DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

17

Communicating – Nurse Aide's Role



Components

DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

18

Communicating – Nurse Aide's Role



Techniques

DHSR/HCFR/CARE NAT I Curriculum - July 2013

19

Communicating – Nurse Aide's Role



Strategies

DHSR/HCFR/CARE NAT I Curriculum - July 2013

20

Communicating – Nurse Aide's Role

Hello Mrs. Jackson.
My name is Sarah Smith and
I am going to take care of you today.

Tips

DHSR/HCFR/CARE NAT I Curriculum - July 2013

21

Dementia and Alzheimer's Disease – Behavior Issues

- Behavior
- Catastrophic reaction
- Delusion
- Depression
- Paranoia
- Sundowning
- Trigger
- Wandering



DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

22

Dementia and Alzheimer's Disease – Behavior Issues

Behavioral responses associated with each stage

- Early stage
- Middle stage
- Late stage



DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

23

Dementia and Alzheimer's Disease – Behavior Issues

Behavior – an observable, recordable and measurable physical activity

- Normal brain – has the ability to control responses
- Alzheimer's disease and dementia – have lost much of the ability to control responses



DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

24

Dementia and Alzheimer's Disease – Behavior Issues

Behavior is a response to a need

Before choosing a
specific intervention,
trigger must be
identified

Triggers may be
environmental, physical,
or emotional



DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

25

Dementia and Alzheimer's Disease – Behavior Issues

- Effective behavior management
- Changing the environment
- Intervention must meet needs while maintaining respect, dignity and independence



DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

26

Dementia and Alzheimer's Disease – Common Behaviors



DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

27

Wandering

A known and persistent problem behavior that has a high risk factor for resident safety

- Safety risk factors
- Reasons
- Preservation of resident safety and interventions



DHSR/HCFR/CARE NAT 1 Curriculum - July 2

28

Sundowning

A behavioral symptom of dementia; refers to ↑ agitation, confusion and hyperactivity that begins in late afternoon and builds throughout the evening

DHSR/HCFR/CARE NAT 1 Curriculum - July 2

Sexual Activity

Offensive or inappropriate language, public exposure, offensive and/or misunderstood gestures

- Treat the resident with dignity and respect
- Remove resident from public
- Redirect attention to appropriate activity
- Assist the resident to bathroom

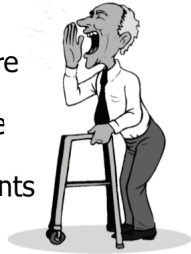


DHSR/HCFR/CARE NAT 1 Curriculum - July 26,13

30

Agitation

Nurse aide must ensure safety and dignity of agitated resident while protecting safety and dignity of other residents



DHSR/HCFR/CARE NAT I Curriculum - July 2013

31

Disruptive Verbal Outbursts



Are one of the most persistent behaviors in a long-term care facility

DHSR/HCFR/CARE NAT I Curriculum - July 2013

32

Catastrophic Reaction



DHSR/HCFR/CARE NAT I Curriculum - July 2013

33

Catastrophic Reaction



DHSR/HCFR/CARE NAT I Curriculum - July 2013

34

Catastrophic Reaction



DHSR/HCFR/CARE NAT I Curriculum - July 2013

35


Catastrophic Reaction



DHSR/HCFR/CARE NAT I Curriculum - July 2013

35

Catastrophic Reaction




DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

37


Activities

- Goal – to give support needed so that they can participate in the world around them to the best of their ability
- Must focus on the fact that the resident is involved and satisfied, not on the task or activity




DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

38



Activities

Activity-based care is focused on assisting resident to find meaning in the day, rather than just to keep busy



Activities fall into two categories:

- Doing activities
- Meaningful activities

DHSR/HCFR/CARE NAT 1 Curriculum - July 2013

39

Activities



Principles of activity-based care

DHSR/HCFR/CARE NAT I Curriculum - July 2013

40

Activities

- Timing is important and individualized
- Cultural environment refers to values and beliefs of people in an area



DHSR/HCFR/CARE NAT I Curriculum - July 2013

41

Nurse Aide Stress and Burnout



DHSR/HCFR/CARE NAT I Curriculum - July 2013

42

The End

DHSR/HCPRI/CARE NAT 1 Curriculum - July 2013

43
