



## MODULE 5 - CULTURE

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### OBJECTIVES

- At the end of the module, the home care aide will be able to:
  1. Understand what makes up a person's culture
  2. Realize the importance of respecting a patient's culture
  3. Provide care to a patient without inhibiting the patient's cultural values and beliefs

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## CULTURE

- U.S. Cultural Diversity
- As a home care aide, you will care for patients from a very different culture than your own



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## CULTURE

- A person's culture is made up of values, beliefs, and customs that set them apart from a different group



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## CULTURE

- Assimilation
- Acculturation



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## CULTURE

- Within any culture there is a wide range of behaviors and beliefs
- It is important as we work with our patients that we do not stereotype or generalize



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## CULTURE

- **Handout #1 – Health Care Beliefs, Pain, and Food Practices**



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## CULTURE

- So what does all of this have to do with home care?



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## CULTURE

- One's culture will also affect the kinds of decisions they make related to their illness/care



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## CULTURE

- Patients and families – decision making



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- Other issues to consider



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## CULTURE

- Eye contact



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## CULTURE

- Touch



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## CULTURE

- General approaches to improve your care and teamwork



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## CULTURE

- Activity #1 – Case Studies



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**ADDRESSING AND RESPECTING CULTURAL DIFFERENCES WILL INCREASE TRUST LEADING TO BETTER AND MORE SATISFACTORY CARE FOR PATIENTS AND THEIR FAMILIES. WE ARE BETTER PREPARED TO SERVE PATIENTS WHEN WE PREPARE OURSELVES TO RESPECT THEIR HEARTS AND THEIR MINDS. BECOMING CULTURALLY KNOWLEDGEABLE IS AN OPPORTUNITY FOR OUR GROWTH AS INDIVIDUALS, AS WELL AS WITHIN OUR PROFESSION.**

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