

Module 21

PALLIATIVE CARE

Objectives

- At the end of the module, the nurse aide will be able to:
 1. Understand the premise of palliative care
 2. Differentiate between hospice and palliative care
 3. Describe who could benefit from palliative care
 4. Understand the home care aide's role in palliative care

Palliative Care

- The goal of palliative care is to prevent and relieve suffering and to **improve quality of life** for people facing serious, complex illness



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Palliative Care

- Handout #1 – The World Health Organization (WHO) Definition of Palliative Care



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Palliative Care

- Hospice vs. Non-Hospice Palliative Care



Palliative Care

- When a patient exhibits a physiological symptom such as pain, there are often psychological, social, and/or spiritual symptoms as well.



Palliative Care

- Handout #2 – TIPS for the Nursing Assistant's Role in Pain Management



Palliative Care

- Team approach
- Adequate training



Palliative Care

- Activity #1 – Pain/Interventions Examples



Palliative Care

- Grief



Palliative Care

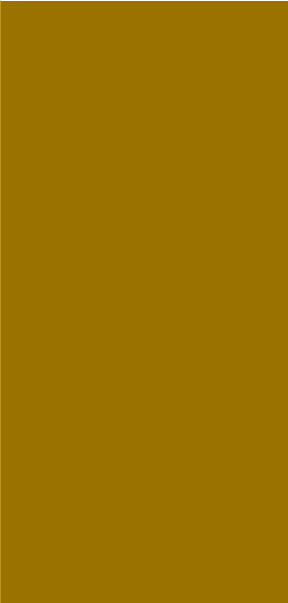
- Handout #3 – The 5 Stages of Grief



Palliative Care

- Activity #2 – Examples of the 5 Stages of Grief



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- Listening skills and communication skills are of the utmost importance right now as a home care aide. Patients may not be able to verbalize their pain or discomfort, therefore the home care aide should watch for changes in behavior and report findings to the nurse supervisor. This goes for all patients, not just those receiving palliative care.