

# Module 16

## RESTORATIVE CARE

### Objectives

- At the end of the module, the nurse aide will be able to:
  1. Identify the role and members of the rehabilitation team
  2. Discuss the home care aide's role in restorative care
  3. Identify various adaptive equipment that may be used in the home
  4. Identify home modifications that may improve the quality of life for a disabled patient

## Module 16-A

# THE HOME CARE AIDE'S ROLE IN RESTORATIVE CARE

DHSR/HCPR/CARE NAT I Curriculum – July 2013

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## Restorative Care

- A patient may be undergoing some sort of rehabilitation while receiving home care services.
- This will involve a team approach.
- Patients and/or family members are often encouraged to meet with their team members to be involved in care and care planning.



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## Restorative Care

- The home care aide will have an important role
- Handout #1 – Passive Range of Motion Exercises

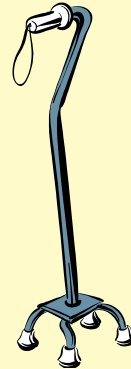


## Module 16-B

### **ADAPTIVE EQUIPMENT**

## Restorative Care

- There are many devices to assist a patient who is receiving some sort of restorative care.



## Restorative Care

- **Activity #1 – How to Help a Falling Patient**



## Restorative Care

- **Activity #2 – Brain Exercise**



## Restorative Care

- Sudoku, word searches, and computer games such as BrainAge or Lumosity also work to exercise the brain



## Restorative Care

- Nintendo Wii
- Microsoft Xbox Kinect



## Module 16-C

### HOME MODIFICATIONS

## Restorative Care

- There will be many times when adaptive equipment alone will not be enough.
- Home modifications will have to be made to assist the patient with functioning at home.



- Patients who are rehabilitating or learning how to manage tasks in a new and different way may express a great deal of frustration – both over the loss of functioning they once had and the new way they must learn to adapt. The home care aide can be a great support and source of encouragement. Be sure to praise new milestones, no matter how small they may seem – your patient is working hard every day to perform these tasks.