

## MODULE 8 - PROVIDING CARE FOR THE PATIENT'S ENVIRONMENT

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### OBJECTIVES

- At the end of this module, the nurse aide will be able to:
  1. Describe the role of the home care aide in caring for the patient's environment
  2. Understand why a clean home is important to the overall health and well-being of the patient
  3. Understand basic guidelines for cleaning and home management tasks
  4. Describe how to develop a cleaning routine/schedule

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## WHY ARE HOME MANAGEMENT TASKS IMPORTANT?

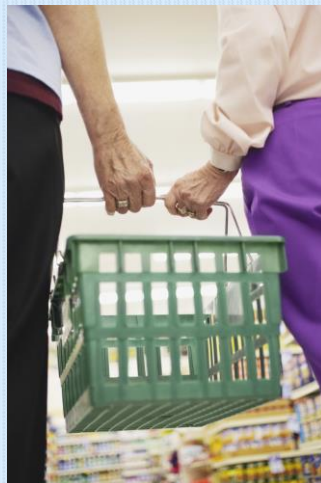
- Home care aides play a big part in keeping a patient's home in order.
- Light home management tasks are extremely important to the patient's well-being.
- In addition to decreasing a patient's stress level, completing home management tasks can also be an issue of health:
  - COPD (Chronic Obstructive Pulmonary Disease)
  - CHF (Congestive Heart Failure)
  - Cancer patient undergoing chemotherapy

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## WHY ARE HOME MANAGEMENT TASKS IMPORTANT?

- It could be possible that some patients have never learned sanitary, safety, or even grocery shopping techniques.
- The home care aide can model healthy habits to the patient.



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## HOME MANAGEMENT TASKS

- Heavy cleaning versus light cleaning
- The home care aide is only expected to provide care for the patient to whom he/she is assigned.
- Even if the patient has other family members living in the same home, the home care aide is there to assist the patient only, and is not there to provide these tasks for the whole family.



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## ACTIVITY #1

- Case Scenarios



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## DEVELOPING A ROUTINE

- The home care aide's supervisor will assign home management tasks on the patient's plan of care.
- Writing out daily or weekly plans with the patient will help in setting up a routine, and will help the home care aide to clearly see the tasks assigned and a scheduled way of completing them.



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## FREQUENCY OF HOME MANAGEMENT TASKS

- Not all tasks will need to be completed on a daily basis.
- There will be daily, weekly, or even monthly tasks assigned to the home care aide.



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## ACTIVITY #2

### ○ Cleaning Schedule and Classroom Activity



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## CLEANING SUPPLIES AND EQUIPMENT

- Cleaning materials and equipment
- Storage or placement
- Cleaning supplies are chemicals
- NEVER mix any cleaning products
- Refer to MSDS manual



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## KITCHEN MAINTENANCE

- The kitchen is a very important room to keep clean.
- Many diseases can be transmitted by food, contaminated surfaces or dishes.



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## HANDOUT #1



- Cleaning the patient's bathroom

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## HANDOUT #2

### ○Laundry



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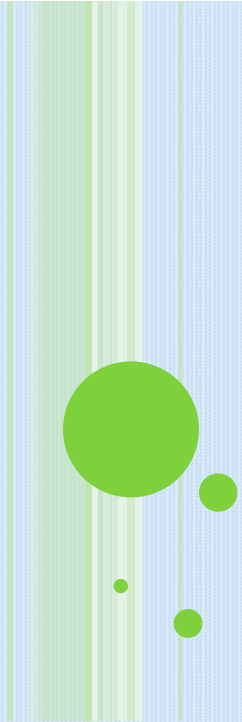
## HANDOUT #3

### ○Proper Body Mechanics



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Home management assignments may not be the home care aide's favorite tasks; however, they are incredibly important to the patient's overall well-being. A clean and organized home will ease your patient's stress and could also have beneficial health outcomes.