



MODULE 1: HOME CARE

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OBJECTIVES

1. Understand the history of home care/home health
2. Identify the different disciplines involved in home care
3. Understand what the nurse aide's role is in home care
4. Understand supervision requirements for the nurse aide

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MODULE 1-A THE HISTORY OF HOME CARE/ HOME HEALTH CARE

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THE HISTORY OF HOME CARE/HOME HEALTH

- Throughout history, family members have provided health care to their ailing relative in their own home.



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HOME HEALTH AIDE VERSUS HOME CARE AIDE

Home Health Aide - employed by a Home Health agency that provides skilled care and bills Medicare. Often the role of the aide is a bath and vital signs.

Home Care Aide- employed by a Home Care agency that does not provide skilled care and does not bill Medicare. Often the role of the aide is personal care, meal prep and home management tasks.

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THE HISTORY OF HOME CARE/HOME HEALTH

- Why is home care growing so much and so fast?



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MODULE 1-B DISCIPLINES INVOLVED IN HOME CARE

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DISCIPLINES INVOLVED IN HOME CARE

- Each home care agency is different, but all share similar methods of operation.
 - Initial Contact
 - Assessment
 - Care Plan Development
 - Service Coordination/ Implementation
 - Termination

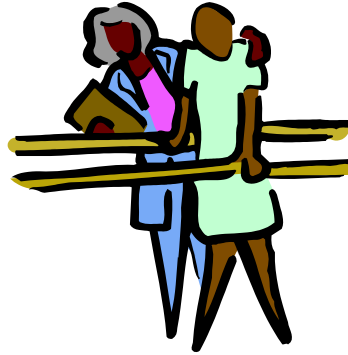


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DISCIPLINES INVOLVED IN HOME CARE

- Home care/home health agencies vary in what disciplines or services they can provide to patients

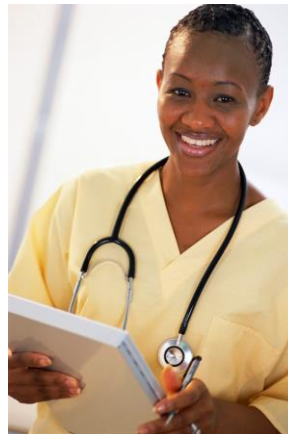


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DISCIPLINES INVOLVED IN HOME CARE

- RN (Registered Nurse)
- Community Health Nurse/
Public Health Nurse
- LPN (Licensed Practical
Nurse)
- NA (Nurse Aide)



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DISCIPLINES INVOLVED IN HOME CARE



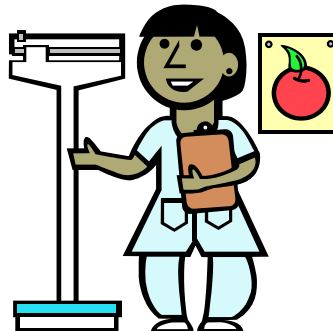
- PT (Physical Therapist)
- OT (Occupational Therapist)
- Respiratory Therapist
- ST (Speech/Language Pathologist)
- CM (Case Manager)

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DISCIPLINES INVOLVED IN HOME CARE

- SW (Social Worker)
- Registered Dietician
- Chaplin



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HANDOUT 1

○ The Home Health Aide and Care Team



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HANDOUT 1 - ANSWERS

1. d
2. f
3. e
4. i
5. a
6. c
7. g
8. b
9. h



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HANDOUT 2

○ Case Scenario Activity



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HANDOUT 2: CASE SCENARIO ANSWERS/DISCUSSION

RN: Assessment of overall condition, blood draws to monitor how thin the blood is, patient and family education

PT: Exercises, home evaluation for safety and equipment, lower extremity strengthening, teaching of home equipment

OT: Same as PT but upper extremity and focus on ADL's

Home Care Aide: Personal care, respite for wife, some IADL's

Speech Therapy: Assess swallowing – does patient need a thickener, are they at risk for aspiration, work on speech

Chaplin: For patient and wife – coping, spiritual support

Social Worker: Long term planning, Advanced Care Directives, community resources and planning

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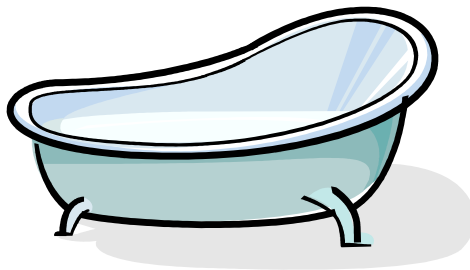
MODULE 1-C THE NURSE AIDE' S ROLE IN HOME CARE

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THE NURSE AIDE' S ROLE IN HOME CARE

- The nurse aide can assist with Activities of Daily Living (ADL' s):
 - Bathing
 - Grooming
 - Dressing
 - Toileting
 - Feeding
 - Ambulation/Exercises



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THE NURSE AIDE' S ROLE IN HOME CARE

- The nurse aide can also assist with Instrumental Activities of Daily Living (IADL' s)
 - Light house cleaning
 - Meal preparation
 - Grocery shopping
 - Laundry/linen
 - Garbage disposal



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THE NURSE AIDE' S ROLE IN HOME CARE

- Other Responsibilities



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THE NURSE AIDE'S ROLE IN HOME CARE

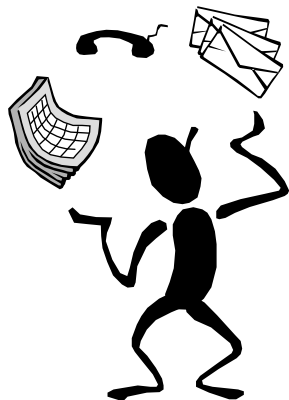
- After the patient's care plan has been developed by the agency's nurse or case manager, a certain number of visits or hours each day or week will be assigned to a nurse aide.



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THE NURSE AIDE'S ROLE IN HOME CARE



- Being a nurse aide requires a certain level of flexibility and comes with other responsibilities

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THE NURSE AIDE'S ROLE IN HOME CARE

- The nurse aide can do many things, however it is important to discuss what a nurse aide is *not* able to do.



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MODULE 1-D SUPERVISION OF THE NURSE AIDE

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SUPERVISION OF THE NURSE AIDE

- Nurse aide supervisors have many responsibilities in the agency.
 - Medicare
 - Continuing Education
 - OSHA
 - Licensure
 - NCBON



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SUPERVISION OF THE NURSE AIDE

- Another role of a nurse aide's supervisor is to ensure that all criteria for employees is being met.
- The nurse aide supervisor will also want to see the nurse aide in the patient's home while providing care to that patient.
- You will always work under the supervision of the RN (or other professional when appropriate).
- Supervision occurs at ALL TIMES, not just when the supervisor is in the home.

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HANDOUT 3

- Competency/Skills Validation



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SUPERVISION OF THE NURSE AIDE

- The supervisor is also responsible for delegation of tasks.



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SUPERVISION OF THE NURSE AIDE

- Each agency will have their own procedures and rules for how often a nurse aide needs supervision or in what capacity.
- It is the responsibility of the agency to know their supervision requirements, and it is the responsibility of the nurse aide to comply and cooperate with supervision activities.

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SUPERVISION OF THE NURSE AIDE

- For more information on items discussed in this module, please visit:
 - OSHA: www.osha.gov
 - NC Board of Nursing: www.ncbon.com
 - DHSR: <http://www.ncdhhs.gov/dhsr/>

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