

Module 22

END OF LIFE CARE

Objectives

- At the end of the module, the nurse aide will be able to:
 1. State the concept of and criteria for hospice care
 2. Describe the home care aide's role in providing care to the dying patient
 3. Discuss the home care aide's role in working with the patient's family
 4. Understand how cultural diversity relates to end of life care

Module 22-A

HOSPICE CARE

End of Life Care

- Hospice care



End of Life Care

- Hospice Statistics



End of Life Care

- Guidelines for Hospice admission depend on expected life span.
- Palliative care must be desired, over curative care.
- Progression of disease must be documented.



End of Life Care

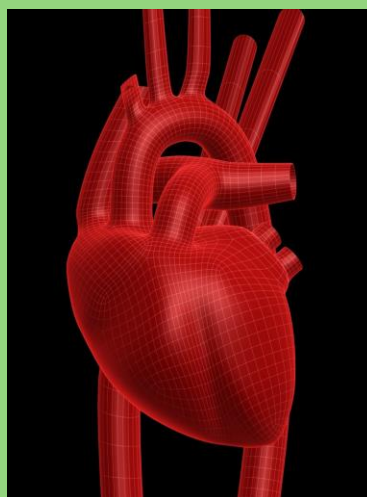
- The top cancer diagnoses seen in hospice are:

- Prostate
- Colorectal
- Breast
- Lung
- Pancreatic



End of Life Care

- Non-cancer diagnoses are accounting for more and more patients in hospice care.



Module 22-B

THE HOME CARE AIDE'S ROLE IN PROVIDING CARE TO THE DYING PATIENT

End of Life Care

- The dying process can include:
 - Physical weakness/lack of energy
 - Increased sleep
 - Loss of appetite
 - Difficulty swallowing
 - Confusion
 - Restlessness
 - Incontinence
 - Body temperature changes
 - Breathing changes
 - Increased energy

End of Life Care

- Emotional support



End of Life Care

- Activity #1 – The Dying Patient's Bill of Rights



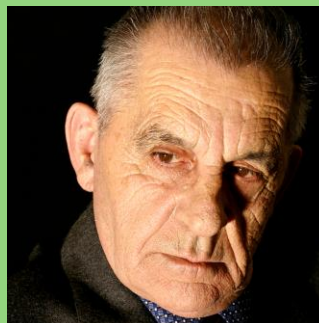
End of Life Care

- The home care aide's role...



End of Life Care

- Other skills that will be helpful



End of Life Care

- Handout #1 – Tips for communicating with seriously ill patients
- Handout #2 – Tips for talking with dying patients
- Handout #3 – Tips for what should you report



Module 22-C

THE HOME CARE AIDE'S ROLE IN WORKING WITH THE PATIENT'S FAMILY

End of Life Care

- Grief



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- Dr. Elisabeth Kübler-Ross outlined five basic stages of grief.

1. Denial
2. Anger
3. Bargaining
4. Depression
5. Acceptance



End of Life Care

- The family will look to you for help
- Be sure to report any signs of caregiver burnout to your supervisor



End of Life Care

- Handout #4 – Tips for what to do when a patient dies at home
- Handout #5 – Tips for providing emotional support to the family



Module 22-D

CULTURAL DIVERSITY RELATED TO END OF LIFE CARE

End of Life Care

- What is culture?



End of Life Care

- Culture vs. ethnicity



End of Life Care

- Culture, religion, and spirituality



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- Why is it important to learn about culture, ethnicity, and/or religion?



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- What do you do when your beliefs are different than your patient's?



End of Life Care

- Handout # 6 – Tips for respecting the patient and family cultural beliefs



- Working with patients with terminal illnesses can be exhausting and draining, but it can also be rewarding and fulfilling. Please be aware that you are present during one of the most significant times in that patient's life, and the family of the patient may also be going through a variety of emotions. Being sensitive, observant, and supportive will never be needed more than at this time.