

MODULE 6

AGE APPROPRIATE CARE

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OBJECTIVES

1. Describe the normal growth and development of infants to preschoolers
2. Identify developmental tasks of middle childhood to adolescence
3. Identify developmental tasks of the varying stages of adulthood
4. Identify physical, psychological, and social effects of aging
5. Describe methods in which the aide can ensure age appropriate care

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ACTIVITY #1



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GROWTH AND DEVELOPMENT

- What is growth?
- What is development?



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INFANCY

- Birth to 1 year old



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TODDLERHOOD

- 1 to 3 years old

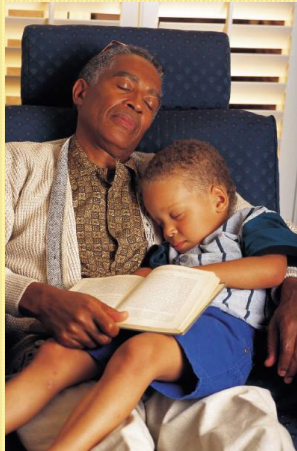


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PRESCHOOLERS

- 3 to 6 years old

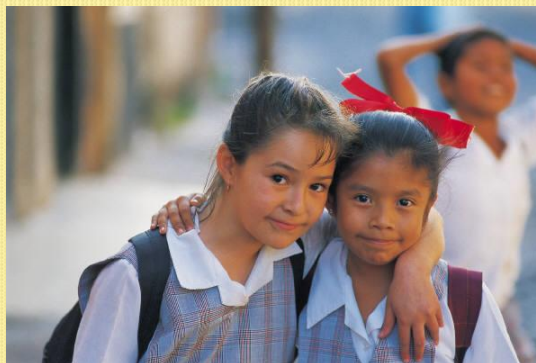


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MIDDLE CHILDHOOD

- 6 to 8 years old



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LATE CHILDHOOD

- 9 to 12 years old



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ADOLESCENCE

- 12 to 18 years old



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YOUNG ADULTHOOD

- 18 to 40 years old



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MIDDLE ADULTHOOD

- 40 to 65 years old



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LATE ADULthood

- 65 years and older
- Also referred to as elderly



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HANDOUT #1

- Myths and Truths



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ACTIVITY #2

- Case Scenarios - Group Activity



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AGE COMPETENCIES

- The RN supervisor will need to verify age competencies for each home care aide. Tasks should not be completed until verified by the supervisor.



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ACTIVITY #3

- Age Appropriate Quiz



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CONGRATULATIONS!

*You have now received
information that will better
inform you when providing care
for various age groups.*

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