

Module 18

PAIN MANAGEMENT

Objectives

- At the end of this module, the nurse aide will be able to:
 1. Understand the different types of pain a person can experience
 2. Identify symptoms or side effects of complex illness
 3. Discuss the various pain management techniques and options
 4. Identify side effects of pain medications
 5. Better understand the home care aide's role in pain management

Pain Management

- Definition of pain



Pain Management

- Activity #1 – Class Discussion



Pain Management

- Signs and symptoms of pain



Pain Management

- There are several ways to classify pain:
 - Two major groupings of pain
 - Location of pain
 - Duration
 - Length and onset of symptoms



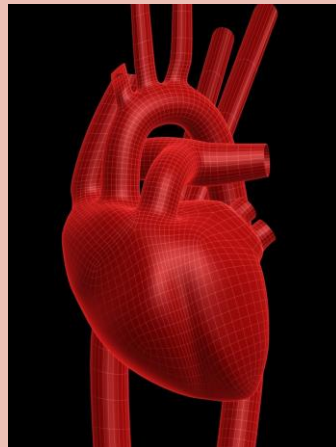
Pain Management

- There are hundreds of reasons for what actually causes pain.



Pain Management

- Pain specific to diagnosis
 - Cancer
 - Heart Disease
 - Chronic Renal Failure
 - Urinary Tract Infection
 - Post-Fracture
 - Respiratory Illness



Pain Management

- Pain Medications



Pain Management

- Side effects of pain medications



Pain Management

- Alternative methods to pain management



Pain Management

- Pain tolerance
- Barriers to reporting pain



Pain Management

- Possible pain reactions or statements



Pain Management

- Activity #2 – Pain Words



Pain Management

- The home care aide's role



- Due to its unique and personalized presentation, pain is often very misunderstood by those who do not experience it. Be open minded to what your patient says about his/her pain, sometimes having someone who cares listen can help a patient ease some of their painful burden.