STATE BOARD OF COMMUNITY COLLEGENES
CURRICULUM STANDARD REVISION(S)

The State Board is asked to approve revisions to the following curriculum standard:

Davidson County Community College
Therapeutic Massage (A45750)

Contact:
Ms. Jennifer Frazelle
Director
STATE BOARD OF COMMUNITY COLLEGES

CURRICULUM STANDARD REVISION

Davidson County Community College
Therapeutic Massage (A45750)

Request: The State Board of Community Colleges is asked to approve Davidson County Community College’s request to revise the Therapeutic Massage (A45750) curriculum standard with an effective term of Fall 2016.

Proposed Revision:

- Remove the following course from the required Core:
  
  BIO 271 Pathophysiology

Note: The deletion of the course from the core will result in a change of core hours from 45 SHC to 42 SHC for the associate degree program.

Rationale: Therapeutic Massage students will receive contextualized pathology within other therapeutic massage courses: MTH 110 Fundamentals of Massage or MTH 120 Therapeutic Massage Applications. The NC Board of Massage & Bodywork Therapy, Rules and Regulations Section .0620 2b states: “100 hours in anatomy and physiology related to the practice of massage and bodywork therapy that shall include the structure and function of the human body and common pathologies.” Bodywork therapy specific content is covered within the therapeutic massage courses. The basics of anatomy and physiology are covered in BIO specific anatomy and physiology courses. BIO 271 is not required for students to be successful in their role. A college may choose to offer this course as a general education option or as part of “other major” courses.

Vote Results:
Colleges approved to offer the program: 17
Colleges in favor of recommendations: 12
Colleges opposed to recommendations: 4
Colleges Abstaining 1

*The four opposing colleges feel that BIO 271 Pathophysiology should remain in the required core. However, a college may offer this course as a general education option or as part of the “other major” courses.

Contact:
Ms. Renee Batts
Associate Director
Within the degree program, the institution shall include opportunities for the achievement of competence in reading, writing, oral communication, fundamental mathematical skills, and basic use of computers.

**PROPOSED CURRICULUM STANDARD**

Curriculum Program Title: Therapeutic Massage  
Program Code: A45750  
CIP Code: 51.3501

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**Curriculum Description**

The Therapeutic Massage curriculum prepares graduates to work in direct client care settings to provide manipulation, methodical pressure, friction and kneading of the body for maintaining wellness or treating alterations in wellness throughout the lifespan.

Courses will include content in normal human anatomy and physiology, therapeutic massage, ethical/legal issues, business practices, nutrition and psychology.

Employment opportunities include hospitals/rehabilitation centers, health departments, home health, medical offices, nursing homes, spas/health/sports clubs, and private practice. Graduates may be eligible to take the Massage and Bodywork Licensing Exam.

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**Curriculum Requirements**

*for associate degree, diploma, and certificate programs in accordance with 1D SBCCC 400.97 (3)*

I. **General Education.** Degree programs must contain a minimum of 15 semester hours including at least one course from each of the following areas: humanities/fine arts, social/behavioral sciences, and natural sciences/mathematics. Degree programs must contain a minimum of 6 semester hours of communications. Diploma programs must contain a minimum of 6 semester hours of general education; 3 semester hours must be in communications. General education is optional in certificate programs.

II. **Major Hours.** AAS, diploma, and certificate programs must include courses which offer specific job knowledge and skills. Work-based learning may be included in associate in applied science degrees up to a maximum of 8 semester hours of credit; in diploma programs up to a maximum of 4 semester hours of credit; and in certificate programs up to a maximum of 2 semester hours of credit. *(See second page for additional information.)*

III. **Other Required Hours.** A college may include courses to meet graduation or local employer requirements in a certificate, diploma, or associate in applied science program. These curriculum courses shall be selected from the Combined Course Library and must be approved by the System Office prior to implementation. Restricted, unique, or free elective courses may not be included as other required hours.

<table>
<thead>
<tr>
<th></th>
<th>AAS</th>
<th>Diploma</th>
<th>Certificate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Minimum General Education Hours</td>
<td>15</td>
<td>6</td>
<td>0</td>
</tr>
<tr>
<td>Minimum Major Hours</td>
<td>49</td>
<td>30</td>
<td>12</td>
</tr>
<tr>
<td>Other Required Hours</td>
<td>0-7</td>
<td>0-4</td>
<td>0-1</td>
</tr>
<tr>
<td>Total Semester Hours Credit (SHC)</td>
<td><strong>64-76</strong></td>
<td><strong>36-48</strong></td>
<td><strong>12-18</strong></td>
</tr>
</tbody>
</table>

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*Within the degree program, the institution shall include opportunities for the achievement of competence in reading, writing, oral communication, fundamental mathematical skills, and basic use of computers.*
Proposed Major Hours
[ref. 1D SBCCC 400.97 (3)]

A. Core. The subject/course core is comprised of subject areas and/or specific courses which are required for each curriculum program. A diploma program offered under an approved AAS program standard or a certificate which is the highest credential level awarded under an approved AAS program standard must include a minimum of 12 semester hours credit derived from the subject/course core of the AAS program.

B. Concentration (if applicable). A concentration of study must include a minimum of 12 semester hours credit from required subjects and/or courses. The majority of the course credit hours are unique to the concentration. The required subjects and/or courses that make up the concentration of study are in addition to the required subject/course core.

C. Other Major Hours. Other major hours must be selected from prefixes listed on the curriculum standard. A maximum of 9 semester hours of credit may be selected from any prefix listed, with the exception of prefixes listed in the core or concentration. Work-based learning may be included in associate in applied science degrees up to a maximum of 8 semester hours of credit; in diploma programs up to a maximum of 4 semester hours of credit; and in certificate programs up to a maximum of 2 semester hours of credit.

<table>
<thead>
<tr>
<th>Therapeutic Massage (A45750)</th>
<th>AAS</th>
<th>Diploma</th>
<th>Certificate</th>
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</thead>
<tbody>
<tr>
<td>Minimum Major Hours Required</td>
<td>49 SHC</td>
<td>30 SHC</td>
<td>12 SHC</td>
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</table>

A. Core

Courses required for the diploma are designated with *

Required Courses:

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO 271</td>
<td>Pathophysiology</td>
<td>3 SHC</td>
</tr>
<tr>
<td>* MTH 110</td>
<td>Fundamentals of Massage</td>
<td>10 SHC</td>
</tr>
<tr>
<td>* MTH 120</td>
<td>Ther Massage Applications</td>
<td>10 SHC</td>
</tr>
<tr>
<td>* MTH 125</td>
<td>Ethics of Massage</td>
<td>2 SHC</td>
</tr>
<tr>
<td>MTH 130</td>
<td>Therapeutic Massage Mgmt</td>
<td>2 SHC</td>
</tr>
<tr>
<td>MTH 210</td>
<td>Adv Skills of Massage</td>
<td>8 SHC</td>
</tr>
<tr>
<td>MTH 220</td>
<td>Outcome-Based Massage</td>
<td>7 SHC</td>
</tr>
</tbody>
</table>

Required Subject Areas: Psychology/Human Relations. Select one.

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>BUS 152</td>
<td>Human Relations</td>
<td>3 SHC</td>
</tr>
<tr>
<td>PSY 118</td>
<td>Interpersonal Psychology</td>
<td>3 SHC</td>
</tr>
<tr>
<td>PSY 150</td>
<td>General Psychology</td>
<td>3 SHC</td>
</tr>
</tbody>
</table>

B. Concentration (Not applicable)

C. Other Major Hours

BIO, BUS, CIS, ENG, HEA, HSC, MED, MTH, NUT, PED, PSF, PSY, SOC, and WBL

Up to two semester hour credits may be selected from ACA.

Up to three semester hour credits may be selected from the following prefixes: ARA, ASL, CHI, FRE, GER, ITA, JPN, LAT, POR, RUS and SPA.