**Curriculum Description**

The Human Services Technology/Mental Health concentration prepares students for job opportunities in the mental health field. The curriculum enables students to understand culturally and emotionally handicapped, developmentally disabled, or addicted clients through a variety of models and diagnoses.

Course work includes a history of the mental health movement, current developments and future trends, and theoretical models affecting individual development and behavior in a diverse client population. Fieldwork experiences provide opportunities for application of knowledge in agency and institutional settings.

Graduates should qualify for employment in mental health treatment centers serving a diverse multicultural client population in public and private settings. Graduates will work with individuals, families, groups, organizations, and communities in providing a therapeutic arena of care.

**Curriculum Requirements***

*for associate degree, diploma, and certificate programs in accordance with 1D SBCCC 400.10]*

I. **General Education.** Degree programs must contain a minimum of 15 semester hours including at least one course from each of the following areas: humanities/fine arts, social/behavioral sciences, and natural sciences/mathematics. Degree programs must contain a minimum of 6 semester hours of communications. Diploma programs must contain a minimum of 6 semester hours of general education; 3 semester hours must be in communications. General education is optional in certificate programs.

II. **Major Hours.** AAS, diploma, and certificate programs must include courses which offer specific job knowledge and skills. Work-based learning may be included in associate in applied science degrees up to a maximum of 8 semester hours of credit; in diploma programs up to a maximum of 4 semester hours of credit; and in certificate programs up to a maximum of 2 semester hours of credit. (See second page for additional information.)

III. **Other Required Hours.** A college may include courses to meet graduation or local employer requirements in a certificate, diploma, or associate in applied science program. These curriculum courses shall be selected from the Combined Course Library and must be approved by the System Office prior to implementation. Restricted, unique, or free elective courses may not be included as other required hours.

<table>
<thead>
<tr>
<th></th>
<th>AAS</th>
<th>Diploma</th>
<th>Certificate</th>
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<tbody>
<tr>
<td>Minimum General Education Hours</td>
<td>15</td>
<td>6</td>
<td>0</td>
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<tr>
<td>Minimum Major Hours</td>
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<tr>
<td>Other Required Hours</td>
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<td>0-4</td>
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<tr>
<td><strong>Total Semester Hours Credit (SHC)</strong></td>
<td><strong>64-76</strong></td>
<td><strong>36-48</strong></td>
<td><strong>12-18</strong></td>
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*Within the degree program, the institution shall include opportunities for the achievement of competence in reading, writing, oral communication, fundamental mathematical skills, and basic use of computers.*
**Major Hours**

A. **Core.** The subject/course core is comprised of subject areas and/or specific courses which are required for each curriculum program. A diploma program offered under an approved AAS program standard or a certificate which is the highest credential level awarded under an approved AAS program standard must include a minimum of 12 semester hours credit derived from the subject/course core of the AAS program.

B. **Concentration (if applicable).** A concentration of study must include a minimum of 12 semester hours credit from required subjects and/or courses. The majority of the course credit hours are unique to the concentration. The required subjects and/or courses that make up the concentration of study are in addition to the required subject/course core.

C. **Other Major Hours.** Other major hours must be selected from prefixes listed on the curriculum standard. A maximum of 9 semester hours of credit may be selected from any prefix listed, with the exception of prefixes listed in the core or concentration. Work-based learning may be included in associate in applied science degrees up to a maximum of 8 semester hours of credit; in diploma programs up to a maximum of 4 semester hours of credit; and in certificate programs up to a maximum of 2 semester hours of credit.

### Human Services Technology/Mental Health A4538C

<table>
<thead>
<tr>
<th>Minimum Major Hours Required</th>
<th>AAS</th>
<th>Diploma</th>
<th>Certificate</th>
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<tbody>
<tr>
<td>A. CORE</td>
<td>49 SHC</td>
<td>30 SHC</td>
<td>12 SHC</td>
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<tr>
<td></td>
<td>25 SHC</td>
<td>12 SHC</td>
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</tbody>
</table>

**Required Courses:**
- HSE 110 Introduction to Human Services 3 SHC
- HSE 112 Group Process I 2 SHC
- HSE 123 Interviewing Techniques 3 SHC
- HSE 125 Counseling 3 SHC
- HSE 210 Human Services Issues 2 SHC
- HSE 225 Crisis Intervention 3 SHC
- PSY 150 General Psychology 3 SHC

**Required Subject Areas:**
**Psychology. Select one:**
- PSY 110 Life Span Development 3 SHC
- PSY 241 Developmental Psychology 3 SHC
- PSY 281 Abnormal Psychology 3 SHC

**Sociology. Select one:**
- SOC 210 Introduction to Sociology 3 SHC
- SOC 213 Sociology of the Family 3 SHC
- SOC 220 Social Problems 3 SHC

B. **CONCENTRATION**

Courses unique to the concentration are designated with **

** HSE 226 Intellectual Disabilities 3 SHC
** MHA 150 Mental Health Systems 3 SHC
** MHA 155 Psychological Assessment 3 SHC
** MHA 240 Advocacy 2 SHC
PSY 265 Behavior Modification 3 SHC

Continued on next page
<table>
<thead>
<tr>
<th>C. OTHER MAJOR HOURS</th>
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<tbody>
<tr>
<td>To be selected from the following prefixes:</td>
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<tr>
<td>BIO, BUS, CIS, CSC, DDT, GRO, HEA, HSC, HSE, MED, MHA, OST, PBT, PSY, SAB, SOC, SWK, and WBL</td>
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<tr>
<td>Up to two semester hour credits may be selected from ACA.</td>
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<tr>
<td>Up to three semester hour credits may be selected from the following prefixes: ARA, ASL, CHI, FRE, GER, ITA, JPN, LAT, POR, RUS and SPA.</td>
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