CURRICULUM STANDARD

Curriculum Program Title
Recreation and Leisure Studies
Concentration (not applicable)

Program Code A55360
CIP Code 31.0101

Curriculum Description

The Recreation and Leisure Studies curriculum prepares individuals to plan, direct, and implement recreation activities in diverse environments for all age groups. The program is designed to meet the needs of students interested in the private, public, commercial, or therapeutic environment.

Course work includes introductory courses concerning history, terminology, programming, and general information concerning the recreation profession. Students learn recreation programs and activities in the following areas: cultural arts, team sports, outdoor education, wellness, individual activities, and adapted activities.

Upon completion, graduates should qualify for a variety of assistant-level positions at recreation centers, schools, hospitals, nursing facilities, parks, and commercial recreation establishments. They will be an asset in designing and implementing recreation programs and activities.

Curriculum Requirements*
[for associate degree, diploma, and certificate programs in accordance with 1D SBCCC 400.10]

I. General Education. Degree programs must contain a minimum of 15 semester hours including at least one course from each of the following areas: humanities/fine arts, social/behavioral sciences, and natural sciences/mathematics. Degree programs must contain a minimum of 6 semester hours of communications. Diploma programs must contain a minimum of 6 semester hours of general education; 3 semester hours must be in communications. General education is optional in certificate programs.

II. Major Hours. AAS, diploma, and certificate programs must include courses which offer specific job knowledge and skills. Work-based learning may be included in associate in applied science degrees up to a maximum of 8 semester hours of credit; in diploma programs up to a maximum of 4 semester hours of credit; and in certificate programs up to a maximum of 2 semester hours of credit. (See second page for additional information.)

III. Other Required Hours. A college may include courses to meet graduation or local employer requirements in a certificate, diploma, or associate in applied science program. These curriculum courses shall be selected from the Combined Course Library and must be approved by the System Office prior to implementation. Restricted, unique, or free elective courses may not be included as other required hours.

<table>
<thead>
<tr>
<th></th>
<th>AAS</th>
<th>Diploma</th>
<th>Certificate</th>
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<tbody>
<tr>
<td>Minimum General Education Hours</td>
<td>15</td>
<td>6</td>
<td>0</td>
</tr>
<tr>
<td>Minimum Major Hours</td>
<td>49</td>
<td>30</td>
<td>12</td>
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<tr>
<td>Other Required Hours</td>
<td>0-7</td>
<td>0-4</td>
<td>0-1</td>
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<tr>
<td>Total Semester Hours Credit (SHC)</td>
<td>64-76</td>
<td>36-48</td>
<td>12-18</td>
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*Within the degree program, the institution shall include opportunities for the achievement of competence in reading, writing, oral communication, fundamental mathematical skills, and basic use of computers.
# Major Hours

## A. Core

The subject/course core is comprised of subject areas and/or specific courses which are required for each curriculum program. A diploma program offered under an approved AAS program standard or a certificate which is the highest credential level awarded under an approved AAS program standard must include a minimum of 12 semester hours credit derived from the subject/course core of the AAS program.

## B. Concentration (if applicable)

A concentration of study must include a minimum of 12 semester hours credit from required subjects and/or courses. The majority of the course credit hours are unique to the concentration. The required subjects and/or courses that make up the concentration of study are in addition to the required subject/course core.

## C. Other Major Hours

Other major hours must be selected from prefixes listed on the curriculum standard. A maximum of 9 semester hours of credit may be selected from any prefix listed, with the exception of prefixes listed in the core or concentration. Work-based learning may be included in associate in applied science degrees up to a maximum of 8 semester hours of credit; in diploma programs up to a maximum of 4 semester hours of credit; and in certificate programs up to a maximum of 2 semester hours of credit.

## Recreation and Leisure Studies A55360

<table>
<thead>
<tr>
<th>Minimum Major Hours Required</th>
<th>AAS</th>
<th>Diploma</th>
<th>Certificate</th>
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<tbody>
<tr>
<td>A. CORE</td>
<td>39 SHC</td>
<td>NR</td>
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</table>

### Required Courses:

- **REC 110** Introduction to Leisure Services 3 SHC
- **REC 120** Introduction to Special Populations 3 SHC
- **REC 122** Program Administration 3 SHC
- **REC 124** Social Recreation Activities 2 SHC
- **REC 126** Outdoor Recreation 2 SHC
- **REC 127** Team Sports and Games 2 SHC
- **REC 128** Individual Sports and Games 2 SHC
- **REC 214** Camp Administration 4 SHC
- **REC 216** Recreational Arts and Crafts 2 SHC
- **REC 217** Maintenance and Facility Management 3 SHC
- **REC 218** Cultural Programs 2 SHC
- **REC 222** Commercial Recreation and Tourism 3 SHC
- **REC 224** Leisure and the Aging 3 SHC
- **TRE 120** Adapted Activities 2 SHC

### Required Subject Areas:

**Health/Wellness.** Select one:

- **HEA 110** Personal Health and Wellness 3 SHC
- **REC 226** Pathways to Wellness 3 SHC

### B. CONCENTRATION (Not applicable)

### C. OTHER MAJOR HOURS

To be selected from the following prefixes:

- ACA, ASL, BIO, CIS, CSC, HEA, HFS, PED, PSY, REC, TRE and WBL

*Up to two semester hour credits may be selected from ACA.*

*Up to three semester hour credits may be selected from the following prefixes: ARA, ASL, CHI, FRE, GER, ITA, JPN, LAT, POR, RUS and SPA.*