



State-Approved Curriculum NURSE AIDE I TRAINING PROGRAM

July 2013 Module F



North Carolina Department of Health and Human Services
Division of Health Service Regulation
Health Care Personnel Registry Section
Center for Aide Regulation and Education
NC DHHS is an equal opportunity provider and employer.

Module F – Dignity Teaching Guide

Objectives

- Identify caring behaviors consistent with treating a resident with dignity.

Advance Preparation – In General

- Review curriculum and presentation materials
- Add examples or comments to Notes Section
- Set up computer/projector

Advance Preparation – Activities

- **#1F Dignity Activity:** Decide how to divide students into 2 to 4 groups.

**Module F – Dignity
Definition List**

Dignity – quality or state of being worthy of esteem or self-respect

Empathy – identifying with and understanding the feelings of another, without feeling sorry for the person

Module F – Dignity	
(S-1) Title Slide (S-2) Objectives 1. Identify caring behaviors consistent with treating a resident with dignity.	
Content	Notes
(S-3) Dignity – Definition (of Dignity) <ul style="list-style-type: none"> Quality or state of being worthy of esteem or self-respect An important component in OBRA's Residents' Rights Dignity – Key Terms <ul style="list-style-type: none"> Empathy – identifying with and understanding the feelings of another, without feeling sorry for the person Resident's Rights – are included in OBRA (1987) and spell out how residents MUST be treated while living in a long-term care facility 	
(S-4) Dignity – Importance <ul style="list-style-type: none"> Promotes sense of self-importance Promotes quality of life Promotes feelings of positive self-worth Guides nurse aide in giving care 	
(S-5) Dignity – Nurse Aide's Role <ul style="list-style-type: none"> Meet resident's physical, social, emotional, intellectual and spiritual needs Explain procedure to resident before beginning task Respect resident's room and personal things Be patient and do not rush resident Encourage resident to make as many decisions as possible 	
(S-6) Dignity – Nurse Aide's Role <ul style="list-style-type: none"> Refrain from judging the resident Be positive, supportive, and encouraging Be familiar with preferences Be empathetic Listen carefully and be aware of unusual gestures 	
(S-7) Dignity – Nurse Aide's Role <ul style="list-style-type: none"> During interactions with resident, assist resident to maintain and enhance self-esteem and self-worth by <ul style="list-style-type: none"> Respecting resident's social status, speaking respectfully, listening carefully, treating residents with respect Focusing on residents as individuals when talking with them and addressing residents as individuals when providing care Assisting residents to attend activities of own choosing Respecting resident's private space and property – HOW? 	
(S-8) Dignity – Nurse Aide's Role	

Module F – Dignity	
<ul style="list-style-type: none"> How can a nurse aide demonstrate respectful behaviors toward a resident's private space and property? <ul style="list-style-type: none"> By not changing the radio or television station without the resident's permission By knocking on doors and requesting permission to enter By closing doors as requested by resident By not moving or inspecting resident's personal possessions without permission 	
(S-9) Dignity – Points to Remember <ul style="list-style-type: none"> Promotion of dignity is constant and on-going Should always be respectful – whether in communication or in performance of resident skills Essential for every nurse aide activity Resident's dignity is valued if nurse aide gives appropriate, compassionate and effective care 	
(S-10) THE END	
ACTIVITY #1F: Dignity (Group) Divide class into 2 to 4 groups. Require each group to select a recorder who writes down comments; and a reporter who shares responses from the group. Ask groups to discuss methods that will promote dignity for the following residents: <ul style="list-style-type: none"> A resident who is newly admitted, has limitations that include right-sided weakness, with speech impediment A resident with Alzheimer's disease frequently does not know family, but is ambulatory A resident who was in a car accident and has two broken arms needs extensive rehabilitation before returning home A frail female with early dementia who has no visitors, frequently talks of the early years and family members who are already deceased Ask each reporter to share responses.	